

# L02: Learning Theories

This lesson provides insight into different understandings of teaching and learning from the perspective of general pedagogy and higher education didactics respectively. Although there are different learning paradigms (see for example [GSI Berkeley](#)), in our lesson we will deal with three dominating theories of knowledge acquisition that allow you to understand the process of learning - and finally also of teaching - in more detail.

## Things we cover in this session

- Introduction to learning theories and learning approaches
- Key elements of constructivistic learning environments

## Things you need for this session

- [W02-1: From Teaching to Learning](#)

## Things to take home from this session

At the end of this session you should be able to

- describe and compare the different learning approaches from theory
- discuss and reflected on different approaches towards teaching and learning in higher education

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